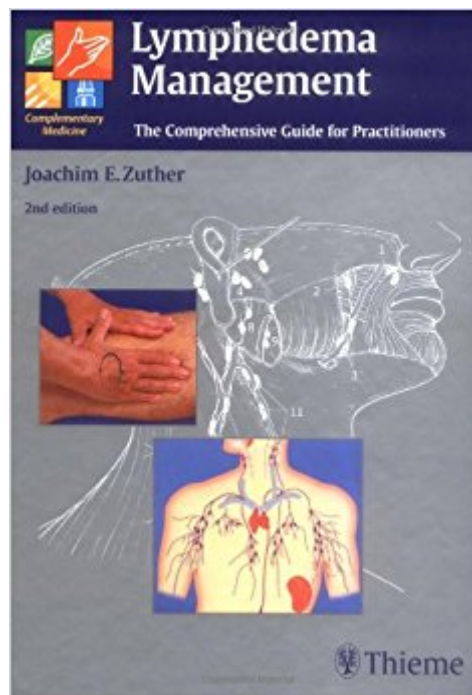




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Lymphedema Management: The Comprehensive Guide For Practitioners 2nd Edition (Complementary Medicine (Thieme Hardcover))



Synopsis

"A well-written textbook that is clear and concise. The organization is exceptional; each chapter is color-coded for ease in locating or browsing through information, and colored shadings in the text emphasize important points. Students and patients interested in this topic will find exceptional value in reading this book. The quality and readability are excellent." - Physical Therapy

This comprehensive textbook discusses current approaches to managing primary and secondary lymphedema and related conditions, such as chronic venous insufficiency, edema, and rheumatoid arthritis. It provides thorough coverage of the anatomy, physiology, and pathology of the lymphatic system, and explains everything you need to know about manual lymph drainage (Vodder technique), complete decongestive therapy, and other treatment modalities. The authors also provide practical tips on patient self-care, bandaging techniques, and exercises, and give valuable recommendations for administrative and business issues.

Highlights of this second edition:

- New sections on axillary web syndrome, Klippel-Trenaunay syndrome, and Parkes Weber syndrome
- Expanded coverage of the circulatory and lymphatic systems, lipedema, and important considerations for treatments
- Up-to-date information on the care of wounds and skin lesions

Lymphedema Management is an indispensable reference for physicians, therapists, nurses, and students who wish to gain full understanding of this complex topic and maximize treatment success. Lymphedema patients will also greatly benefit from its wealth of hands-on information and helpful illustrations.

Book Information

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"A well-written textbook that is clear and concise. The organization is exceptional; each chapter is color-coded for ease in locating or browsing through information, and colored shadings in the text emphasize important points. Students and patients interested in this topic will find exceptional value in reading this book." - Physical Therapy"

The focus of this text is on the insufficiencies of the lymphatic system and discusses lymphedema as well as related conditions and currently available intervention techniques. Chapters cover the anatomy, physiology, and pathology of the lymphatic system, which should give the readers a clear understanding of how the lymphatic system works and why certain treatment approaches may be more effective than others in case of an insufficient lymphatic system. Additional chapters on diagnosis, evaluation, therapeutic interventions, and administrative issues, as well as an appendix covering patient education and sample forms for lymphedema treatment centers, are intended to make this text a comprehensive resource. Illustrations and tables are included to clarify the anatomic and functional basis of the lymphatic system and treatment interventions. To help the nonmedical reader, I have done my best to use simple terms in the figure legends when feasible. Most of these terms are also listed in the glossary at the end of this textbook. I hope that the first edition of the textbook for Comprehensive Lymphedema Management will prove to be a valuable tool for physicians, therapists, students, and patients. All royalties and proceeds generated by sales of this textbook are donated to charitable organizations and research projects. --This text refers to an out of print or unavailable edition of this title.

Far more info than one needs. OK not if you are a student of course. I knew this when I ordered it so no surprise there. But man I do wish our MD doctors would get with the program and offer treatment for this condition or at least acknowledge it. In the 90's I was told it's cosmetic. I heard that into the 2000's. They would offer me a mild diuretic and those who know even then...they do not work with this condition. They may dry up your eyes and suck real water weight or retention such as period gain but it does nothing for pitting edema which is lymph waste that is not being removed by your body as it should for what ever reason had happened to cause this. And so much more could be offered to the patient if they just admitted it to themselves...it is anything but cosmetic. It can and does often lead to ulcerated sores and hard to heal skin lesions which can also lead to extreme pain

and misery and worse life threatening infections or allow secondary infections to develop. I was sent to a dermatologist once during one of these skin eruptions and was told no you just have dry skin that is not edema related. Lets see I've had over a dozen such episodes now and it never responds to lotion for dry skin they like to sell or prescribe to you. Only antibiotic cremes and pain relief ingredients in some of those help with the severe burning and itch and pain and also help to calm it down where it can heal. I do challenge the medical field and so called MD's who still after 20 years with this condition claim it's only cosmetic. Really sores and open wounds are only cosmetic? So sorry I disagree. I also disagree that the swelling and severe swelling and buising due to that and other complications due to the retention of this waste in your body that leads to deformity and pain and though yes ugly...as it is....it is not cosmetic it is medical and needs someone to pay attention especially the AMA. Meantime it is books like this we who find our selves years into the condtion searching for and looking at to help us get some control or learn some maintenance techinques or just shed light on it. This book does help in that respect. It is a bit much but it is comprehensive and it does throw all severe lymph edema diseases and conditions together to some extent and you are left sorting through or skipping some sections unless of course you are a student in the field learning this material. I bought a used manual and it was in like new condition so if you do choose a buyer with good ratings. It often works out well. My seller also included 4 extra DVD sets about this condtion just threw them in and WOW that was nice. First one did not play so I will have to investigate why not. But have yet to try the others. The book however has a wealth if information and some you need to tease out for your own application and use. But it's as one might refer to not for the faint of heart. It had details and graphics that can be quite shocking at times. I would give it 5 stars if a book like this would either have a strong section on looking at general trauma caused lymphedema with materials specific to how to excercise and what to avoid to improve and not make worse. No one knows the real reason it happens after an accident or trauma but it does. I think a lot of people are interested and the medical world continues to ignore it if they can.

I have been a certified lymphedema therapist for 10 years. This book is a **MUST HAVE** for all clinicians who are either certified as a lymphedema therapist, or who just want more information about lymphedema. **PATIENTS AS WELL** will benefit from the resources in this book. **Joachim Zuther is THE AUTHORITY ON LYMPHEDEMA.** I had the honor of being his student in 2002 when I became lymphedema certified. His experience with treating patients with lymphedema and knowledge of this subject is **VAST**, to say the least!!! He is the founder of the Academy of Lymphatic studies, and is on the board of **LANA - Lymphedema Association of North America**. I believe he

even helped found this association. In his book, Mr. Zuther presents the information in a concise, EASY TO READ manner. Even the lay person who is not a clinician could read this book and have a good understanding of all the components of lymphedema, including causes, types of lymphedema, and treatment for lymphedema. The book is laid out in chronological sections, beginning with the explanation of 'what is lymphedema', followed by lymphatic anatomy, the job of the lymphatic system and causes of the 2 types and 3 stages of lymphedema (4 stages, if you count 'latency'). Mr. Zuther then explains treatments AND TECHNIQUES for lymphedema, including MLD (manual lymphatic drainage), Compression, skin care, and exercise. I own other books on lymphedema, but this particular book is the EASIEST to understand and is, in my opinion, the MOST COMPLETE, ACCURATE and CONSIDERABLE book there is on lymphedema. THIS BOOK is the ONLY book you will ever need!! I refer to this book all the time, and my other lymphedema books are just sitting on the shelf collecting dust because I don't need them!! If you are a lymphedema clinician OR patient, I HIGHLY ENCOURAGE you to GET THIS BOOK!! It is LESS EXPENSIVE than other books on this subject, yet contains the BEST and MOST ACCURATE information on lymphedema. The presentation of the book is the BEST I have ever seen on this subject. Mr. Zuther also includes FORMS that he allows you to photocopy to use in your therapy practice. What a great bonus! :)

This book is a comprehensive overview of lymphedema and related diseases. It is very easy to read and comprehend even for lay people. The book explains the causes of the diseases and provides very explicit guidelines for how to manage the given disease. For instance, it has a section with pictures explaining how to perform the special lymph massage that drains the lymphatic veins of their fluid. Another useful feature of this book is that it explains the difference between conditions that are very often confused with lymphedema, even by medical doctors, such as lipedema. It also covers venous disease of the blood flow which is a common complication of for instance lipedema. I would especially recommend this book to individuals who suffer from lymphedema or related conditions in order for them to learn more about exactly what is happening in their body and what the best treatment would be.

I love this book: the pictures and script detail lymphedema in good detail while keeping it organized well for easy reading/understanding

good medical book for therapists

excellent service ; just as described good seller thank you

This book is a great review of classes I have taken in Manual Lymph Drainage and a wonderful addition of information. Lymph Drainage is so important in our personal health care.

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